

The great dumbing down

Introduction

The powers that be seek to keep the human population under control. When necessary they use the jackboot and excessive police force (as they did in Covid) but they prefer to manage a docile population. Thus multiple strategies are used to keep the people submissive.

These strategies include fearmongering through behavioural psychology as a favoured action since 2010; clearly evidenced in the Covid chaos.¹ But a more general holding strategy is to dumb people down so that they are too stupid to even understand what is going on, let alone rebel against it.

Thus there are multiple methods used to diminish the cognitive faculty of the population. These would include:

- Poison the water supply to cause neurological impairment. This is done through fluoridation. Fluoride is a highly toxic by-product of aluminium production that damages neurones.
- Poison the water supply with a multitude of contaminants, such as: hormones, particulates, antibiotics, chlorine etc. Micro-plastics alone are known to end up in the brain and heart.
- Poison the food supply. This is done in multiple ways with many types of toxins. Some of these cause neurological damage; for example sugar replacements such as Aspartame are nerve toxins (Aspartame was originally manufactured as an insecticide).
- Focus the people on mind-numbing activities, such as being addicted to television soaps or video games; pointless activities; reading the newspapers etc.
- Promote negative impulses such as alcoholism, drug abuse, gambling, pornography etc.

There are many more methods.

In this paper I look at a particular set of strategies that seriously damaged the IQ of the population in a short period.

A new study

A very recent study has found that global populations suffered a significant decrease in mental ability since the Covid chaos began, or really since the vaccination programme. They are as confused by this as they are about the high excess deaths in the same period that are higher than during what was claimed to be a pandemic. Such things are a mystery to the establishment that will not consider the effects of the Covid vaccines.

So something, or some things, occurred since late 2020 that had a massive effect on dumbing people down. What could these things be?

¹ See Laura Dodsworth, 'A state of fear' (book). See the UK government's 'MindSpace' document.

Post-Covid Dumbing Down

Facemasks

The first thing is mandatory facemasks. In fact, many people still wear facemasks every day out of fear - despite the fact that they are totally useless in hindering viruses.

No we know that facemasks cause numerous medical problems including: hypoxia, CO₂ build up, strep diseases, bacterial pneumonia, cancer and so on. But the prime problem is the deprivation of oxygen (hypoxia). Studies have shown that oxygen levels drop by as much as 20% as a result of wearing a facemask. This alone causes a decrease in cognitive ability. This is why many surgeons are now refusing to wear facemasks during long operations. I recently had a 60-minute operation that involved an incision in my chest but the surgeon did not wear a facemask.

Now if a mask is worn for short periods then the drop in cognitive function will gradually repair itself. However, if masks are worn for longer periods (masks should never be worn for longer than 15 minutes) then the neurological damage will not be repaired but will be permanent and continue to get worse. The ultimate end could be dementia. You cannot deprive the cells of the body that amount of oxygen and expect the body to be fine.

So the first cause of a drop in cognitive function is facemasks. Now the Elite cabal that rules governments knew this and deliberately promoted or mandated facemasks. The dangers have been understood for decades. The McIntyre (2015) paper alone exposed this but many more papers of high quality have confirmed it.² The Elite did this for a reason – to cause a drop in IQ; to promote a docile population.

PCR Tests

Another strategy that was promoted in the Covid nonsense, that was equally worthless, was the continual use of PCR tests to identify the claimed Covid disease.

This was pointless for many reasons.

- The disease called Covid was officially designated by Public Health Four Nations on the 19 March 2020 as a non-serious not highly infectious disease.
- The infection fatality rate is now understood to be 0.039% for most people. Over 99.9% of infected people will survive.
- The claim of Christian Drosten to have developed a PCR test method to identify Covid was a lie. His paper was trashed by multiple specialists. He did not even have a sample of the virus to test against.
- The PCR test kits were manufactured in huge numbers in 2016-2017 by the Rothschilds before Covid supposedly even existed and before the Drosten method.
- The inventor of the PCR testing process, Kary Mullis, formally stated that it should never be used for diagnosing any illness on its own. It was a technique for magnifying small particles in laboratory processes.
- The cycle rate used in PCR tests must never exceed 18-25 or the results are simply nonsense. The cycle rate universally used by the NHS and others was 45. This meant that every test was pointless and produced false positive results. In short, it you had a

² E.g. the Danmask study or the Cochrane Review.

cold (a coronavirus) six months ago, fragments would be isolated, magnified and a Covid diagnosis would result.

So the PCR test was pointless. It was also dangerous.

There are many dangers involved which I have explained in detail many times. Some people even died from the test. For our purposes here I want to focus on the brain-blood barrier.

Why the nose?

DNA samples can easily be taken from saliva, by using a swab rubbed across the inside of the cheek and gums. This is the standard procedure. Why was this arbitrarily changed during Covid to using a long swab pushed deep into the nasal cavity? This makes no sense. [It is a lie that it is necessary to get better viral samples.]

The area high in the nasal cavity just under the eyes is a most highly sensitive body part, filled with important organs such as the Vagus nerve. Damage to this area by trauma is very serious (this is how many people were damaged). It is also very close to the vulnerable blood-brain barrier. In some cases the swab fractured the thin bone present leading to release of spinal fluid requiring an immediate dangerous operation.

The real threat is an infection caused by trauma from the swab being incorrectly manipulated (especially by the many untrained medics). This operation led to many people getting infected right next to the brain. Some died as a result.

Infections in this area are going to directly impact the brain and cognitive function.

None of this needed to happen if swabs were just scraping the cheeks – but all medical services were directed from on high to impact the nasal cavity.

So the PCR test was not just a stupid waste of time and money but also posed a real threat to brain health.

Infra-red thermometers

Around the same time as Covid, hospitals began using infrared thermometers; in some cases low-level laser thermometers.

Now why this happened is a mystery because they are notoriously inaccurate and easily damaged.

But why would any caring medic push an EMF pulse right into a person's brain in between the eyes? Not only is it very close to the brain it is even closer to the pineal gland. This produces melatonin, which is very important in health and reproduction. The small mass of nerve tissue is linked to the depths of the brain by a stalk, deep between the cerebral hemispheres at the back of the skull.

EMF radiation pushed into this area is extremely worrying. But who gave the order to point it at the forehead? This is unnecessary. I get tested for temperature in hospital three days a week and I make the nurses take a reading from my wrist. It is just as accurate there (some would say more accurate). So directing it at the brain is completely unnecessary. Why would medical authorities do this?

Clearly there is an objective to subject the brain to unnecessary damage.

Lockdowns and social distancing

Just as I pointed out before they started, we now know officially that lockdowns did far more harm than good. In fact they did no good whatsoever to stop the virus³ but caused incalculable damage in almost every area of social and personal life. We will not investigate here the creation of inflation, the closure of small businesses, the waste of £439 billion, the collapse of many organisations, the encouragement to become work-shy, the creation of huge medical waiting lists because hospitals became a Covid-only service and so on.

What I am interested in here is the effect on people's psyche.

Lockdowns forced people into isolation, sometimes in harmful circumstances (such as domestic abuse or poverty). It removed people from normal social contact, which is vital for mental health. In fact, talking to people regularly is absolutely vital to optimal health.

In isolation many people became lonely and depressed. They wasted their time on fruitless pursuits, such as television watching. Some became alcoholics or drug abusers. The lockdowns thus caused serious mental health issues which is now reflected in the huge waiting lists for mental health treatment and the lack of beds.

The longer that lockdowns went on, the worse people's mental health was damaged.

But even when people were able to venture outside they were prevented from normal social interchange by social distancing rules. No longer could people talk to others in a queue at the Post Office or a checkout. An unusual talking sanction was applied to everyone, not least because of the fear of catching an infection if too close (complete nonsense by the way, viruses travel miles on the air).

All of this contributed heavily to a dumbing-down of the population.

School closures

The worst type of lockdown was that applied to schools. Pupils were banned from school for long periods of months for no reason whatsoever. Children were at zero risk from Covid and no child passed it on to a teacher ever.

The effects on children is so far reaching that it is still being discovered despite many existing reports. Untold damage was perpetrated on children. This did not just mean loss of education, but also damage to social skills. In young children it even affected the development of speech patterns. Some children lost the ability to tie shoelaces or go to the toilet normally.

The result was massive mental health damage to millions of children. The demand for medical help is through the roof and the NHS cannot cope; there just are not enough doctors, nurses and facilities for the demand from sick children.

³ You cannot stop a virus epidemic, you can only slow it down; but this action can make it more virulent later. Virus epidemics have to run their course until they become endemic in the population. To save lives you should give focused protection to the vulnerable – something we ignored.

More children died from suicide than from Covid in this period. That is a national scandal.

Without any doubt, school closures caused a serious effect on the cognitive ability of children.

Behavioural psychology

The government employed military-based behavioural psychology during the Covid crisis. It even deployed the 77th Brigade to enhance the psychological conditioning, a section of the army intended to wage psychological warfare on our enemies. Thus the government treated its own population as an enemy to be brainwashed.

Brainwashing groups are now well established within many areas of government. This has now been confirmed by Freedom of Information requests. They include:⁴

- **Government advisory groups.** E.g. SPI-B (the Scientific Pandemic Insights Team Group on Behaviour – led by behavioural scientists and psychologists such as David Halpern and Susan Michie).
- **Employees in government departments.** Examples include: the Dept. of Revenue and Customs has 54 employees in its Behavioural Research and Insights Team. The Dept. for Work and Pensions has 16 people in its Behavioural Science Team. The Dept. of Transport has 6. The UK Health Security Agency has 29 people. The Dept of Health and Social Care and the Office for Health Improvement and Disparities also have teams. The cost of these employees is in the millions. The UKHSA cost alone is £958,000.
- **The Behavioural Insights Team (BIT; ‘the nudge unit’).** Formed in 2010 by David Cameron. In December 2021 BIT was acquired by NESTA (an innovations charity) for £15.4 million. The Cabinet Office awarded BIT £4 million between 2019-2022. This supplies information to many government departments on how to maximise the power of their messaging.
- **The Government Communications Service.** This operates within Whitehall (i.e. civil service) and is led by Simon Baugh. It has over 7,000 staff. It has a Behavioural Science Team based in the Cabinet Office.
- **Private advertisement agencies.** In April 2020 the Cabinet Office approved spending £216.8 million on advertising, marketing and communications just in relation to a Covid campaign. A later FOI showed that the cost was over £370 million in 2020-21. The two main beneficiaries (Manning Gottlieb and Mullen Lowe) employ their own behavioural scientists.

These use psychological techniques to promote fear, peer-pressure, guilt and shame. This is the basis of governmental GroupThink and Right-Think. The thoughts of the people are ‘nudged’ to align with globalist goals such as digital IDs, Net-Zero, avoiding meat, less travel etc. Rational argumentation, convincing logic, civilised debate, accommodating dissent, and critical thinking are being removed to make way for psychological manipulation.

The purpose of these was to change people’s thinking and behaviour to make them compliant with government policies; i.e. brainwashing or social conditioning. Notice the tyranny: instead of the government representing the will of the people, the government became despotic and used psychology to make the people compliant with its will. This

⁴ The Daily Sceptic, Dr Gary Sidley, ‘The Tyranny of Nudge’.

manipulation became endemic after Covid. The government wants obedient, compliant, brain-dead serfs, not intelligent, questioning citizens.

Every day during Covid people were subjected to heavy messaging from posters in the street, adverts on TV, daily speeches and seminars by lying politicians and bigger 'scientific-expert' liars. False facts, fraudulent graphics, fake graphs, lying statistics and all manner of means of disinformation was forced upon the gullible public who trusted their overseers.

The government even used NLP (Neuro Linguistic Programming) to condition people into accepting such lies as 'asymptomatic transmission'. Three-word slogans were everywhere, such as, '*build back better*' (which was meaningless).

All of this merely helped to make the population more dumbed-down, more docile, more febrile, more enervated. The constant barrage of conditioning messaging made people tired and debilitated. Most gave up and became nervous and even more gullible.

This was tyranny of the worst kind; inflicting actual mental damage upon people by attacking the mind and senses. This was up-scaling the war against the people.

The Covid vaccines

Over time we have learned more and more about the toxins present in the Covid vaccine. I have fully itemised these as they were discovered. Most important is the spike protein being generated in all human cells (which is toxic) and PEG which is used to protect the mRNA but causes great damage. Then there is the trauma inflicted by graphene oxide, which causes the huge clots and strokes.

Most recently it has become clear that 30% of the Covid vaccine is rogue DNA that absolutely does change the human genome. To this is added SV40 (Simian [monkey] virus 40) that has been present in previous polio vaccines. This is a known oncogenic (causes cancer). The DNA opens up the cells and SV40 contaminates them. We know that cancer rates are climbing amongst the vaccinated.

But this is the tip of the iceberg; there are multiple harms caused by the vaccines as the various reporting systems demonstrate. The MHRA (which is corrupt and paid for by Big Pharma) has the Yellow Card reporting system. This shows huge numbers of adverse reactions including: heart attack, myocarditis, pericarditis, paralysis, stroke, deafness, blindness, gastric problems, amputations, menstrual problems, nerve damage, stillbirths, spontaneous abortions and much more.

One clear result is the suppression of the immune system, which in itself fails to stop cancer developing. Immune systems can begin to collapse within a few months of the vaccine.

In addition to specific ailments and conditions caused by the vaccine, there is a general debilitation of the nervous system. As well as causing specific neurological pathologies (e.g. Guillain Barre Syndrome) there is a general debilitation of cognitive function.

Pre-Covid Dumbing Down

Before the Covid crisis there were plenty of issues that helped to dumb-down populations.

The focus upon superficial entertainment

Since the 1950s intellectual quality diminished as a result of many people turning from hobbies that stimulated brain activity (reading books, making things, hobbies, communal activities, reciting poetry, walking, climbing mountains etc.) to pursuits that weakened or stultified cognitive function.

One of the worst of these was watching television for hours on end. Television replaced the many communal activities that people used to attend. Before TV became popular, local communities would work together to form their own entertainment in the many community centres that used to exist. Families would get together to form social evenings with sketches and social interaction. There would also be tea-dances or local parties and communal singing. In other places people went to pubs where there would also be communal singing, quizzes, darts games and so on. The social activity contributed to social cohesion but also brain stimulation, even if only through conversation.

However, originally television programmes included many items of intellectual interest: quizzes, documentaries, provocative discussion, social sarcasm, satire and comedy. Thus there was some intellectual stimulation and even dramas were well written (even if production values were low). This gradually changed as more and more superficial programmes were established. The worst were the introduction of soap operas by the late 1950s whose longevity was established by creating low-value, easily absorbed story-lines that created an addictive quality. People watched every episode of their favourite characters even though the overall quality became more and more dumbed-down.

Eventually this led to the utter trash of superficial game shows, panel shows, poor quality dramas, exploitative challenge shows and such like. News programmes became vehicles for sheer propaganda. Medical programmes told blatant lies to support the allopathic system.

Within a few decades, the television became a drug used by the Elite cabal to brainwash the masses; a modern form of bread (the welfare state) and circuses.

Overwork

In early periods of history, even lower working class families, where only the father went out to work, could earn sufficient to keep a family going. They may not have had much but they could live happy with what they had. When I was a teenager (1960s) my Dad only earned £17 a week (though my Mom also worked earning less). We were not well off but we could have holidays, and had most of the things we needed (but not a car).

Through various methods, (such as rising house prices and rents) the Elite made it impossible to live on a basic wage for low-skilled people. The wife had to work full-time and thus children suffered. Men also worked many hours of overtime (I certainly did). The result was less time for relaxation and hobbies. Time for pure intellectual stimulation was severely restricted. Most working class and low middle class folk did not read books any more.

The lack of time caused by overwork meant that cognitive stimulation was greatly reduced.

The rise of computers

This did not just include PCs but also a host of digital game devices that developed into new generations rapidly.

This created a wave of young kids, mostly males, that devoted all their spare time to playing video games. Initially there was some intellectual stimulation, such as in challenge games (remember the Hobbit for the ZX Spectrum?), quizzes and puzzles. But soon this evaporated as graphics and RAM improved enabling realistic video scenes and violent military or criminal games took over. Before long teenagers were spending hours killing loads of people in a virtual reality domain.

Now some of my young friends may disagree with me (ones that discipline themselves in their gaming and use them to challenge themselves), but I claim that all video games damage the intellect and the psyche because they use no creativity or imagination; it only requires observation and quick reflexes.

Then there is the damage caused by long exposure of the head close to sources of EMF radiation. There is no doubt that this causes severe damage.

Schismatic agendas that defy logic

The Elite instigated a number of factions in society in order to destabilise it as they war against each other; chiefly against White, Christian boomers. These factions include diversity issues focusing on the establishment of power to Black people (e.g. Black Lives Matter, Critical Race Theory), the Transgender agenda, the Gay agenda (e.g. the LGBTQ Movement, academic Queer Theory), the radical Feminist agenda (e.g. Phase Four Feminism), the Woke agenda, the climate alarmist agenda (e.g. Extinction Rebellion or Just Stop Oil) and so on.

These push narratives that are illogical and nonsensical. As well as creating schisms in society they cause cognitive degeneration in adherents because the fundamental principles are arrant nonsense.

A full analysis of the current irrational arguments being posited within the Woke narrative would take a whole book and cannot be defined here; however, I will give some examples.

Transgenderism is an absolute form of stupidity and facile claims. The fact that anyone at all can subscribe to this nonsense is beyond belief, let alone that governments legalise it. The claims that people can change sex at will, or that there are 120 different 'genders', that women can have a penis or that men can be pregnant, in any other historic age would have been considered a form of insanity. Anyone that believes such delusion is going to damage their cognitive function. Believing satanic deceptions will hurt your mental health.

Believing that there is a climate emergency due to CO₂ emissions created by human activity or animal flatulence is utterly stupid and unscientific. I have explained many times that CO₂ is a wonderful, beneficent molecule that causes plant growth and the production of oxygen. Demonising it is the utmost folly. Believing such nonsense will make you more stupid.

The Black Lives Matter and Critical Race Theory claims are full of arrant nonsense and barefaced lies. Focusing all the evils in the world on White people ignores vast swathes of

evidence. We cannot list all these here but, for example, there is a long history of Black tribes enslaving weaker Black tribes in Africa for thousands of years. Genocide committed by Black tribes is also endemic in Africa. It was White Britons that ended the slave trade. The original slaves in America were White (mostly Irish). Muslims, not Britons, enslaved Brown and Black people for 1400 years. White women on the south coast of Britain were victims of slave traders for hundreds of years. White colonialists brought many advantages of civilisation to colonies, such as bridges, roads, railways, the telegraph, canals, aqueducts, industry, and so on. We could go on.

The narrative of current radical Feminism (not traditional Feminism that established equality laws) is based upon sheer misandry. Now traditional Feminism did not hate men but sought an equal playing field in work and academia. Apart from lesbian Feminists, they understood that most men loved women. Indeed throughout history women have dominated families. But modern radical Feminism hates men and actively campaigns against them so that young boys are now the most disadvantaged people in society with high levels of suicide and despair. How is that defensible? Everything evil is blamed upon White people. Recently a Feminist said on a TV show, *'What good have men ever done to the world'*, and clearly believed the answer was very little. Then a male panellist said, *'Bridges, roads, canals, railways, ships, geographic discovery, cars, steel production, sewer systems, the Industrial Revolution, aqueducts, the ploughshare, the wheel, the water screw, modern communication systems (telegraph, telephone, radio, television, computers), the discoveries of the laws of physics and chemistry, space travel, telescopes, watches, almost all scientific advances, and almost all major medical advances.'*⁵

These factions are irrational and illogical; they have no moral values. Those that succumb to the messaging of such groups will be dumbed-down and switch their brains off.

Degraded education

This is perhaps the worst aspect in the list of items that cause a degeneration of cognitive faculties in people.

In the past, schools focused upon getting pupils to think for themselves. They were taught to analyse critically, to dissect arguments, to collate thoughts and process conclusions. In short, they were made able to think critically and independently.

After about 1969 this began to be whittled away. Within two decades schools had entirely lost this ability to educate kids (this coincides with the take over of schools and universities by Cultural Marxists). Pupils were no longer taught to think but to accept supposed axioms that were really political opinions.

In terms of ethics and religion, pupils were no longer taught the historic benefits of Christianity or fundamental morals based on doing good to others but were focused upon selfism – their human rights. Social responsibility and patriotic duty were abolished and replaced with narcissism, self-esteem, and GroupThink.

In readiness for the climate change agenda that would emerge later, the carbon cycle ceased to be taught and the nitrogen cycle taught instead. Kids no longer understood the benefits to ecology of CO₂.

⁵ I have added more things than the panellist actually said.

Computers were introduced into schools, which aided the intellectual deficit. Software assisted the degradation of thinking and analysis. It also made people lazy. This also led to the current situation of being completely absorbed by telephonic technology.

The curriculum was changed and narrowed. Vast swathes of history were removed from study and a very narrow focus replaced it, mostly modern history, often limited to the 20th century. Most kids emerged from school with no understanding of history whatsoever, and thus could not learn the necessary lessons of human mistakes or triumphs. This degeneration was planned since 1908 by the Rockefellers to make a compliant, dumbed-down society.

Children now emerge from school completely unable to process truth. When faced with an opposing argument to their brainwashing they react with anger or fear. It is common that they put their hands over their ears and say, 'la, la, la'. On other occasions they just burst into tears; they cannot face truths that counter their conditioning narratives. In some cases they scream into the air.

These kids have been treated like Pavlov's dogs. They have been conditioned and brainwashed to be compliant serfs in a despotic society. Parents should seriously consider not allowing their children be taught in state schools. Home-schooled kids are consistently far more intelligent, happy, balanced and socially adaptable.

Puerile news broadcasts

In recent years the mainstream news channels have been dumbing-down their content even more than they used to. This is especially true of the BBC.

One of the methods to portray the news in a facile way is to use cartoons and animation to cover even serious matters. The object is to treat adults like children. Any rational adult would view such propaganda as derisive and vacuous; yet this continues.

With climate change items vivid coloured images are used to promote fear of global conflagration. Perfectly normal range temperatures are pictured on the news using maps covered in dark red areas suggesting fire. This is accompanied by rhetoric full of lies about the Earth approaching boiling point.

Because this puerile broadcasting is not called out, viewers become more and more used to being treated like children needing cartoons and images to understand what is going on.

Bio-chemical and biological agents

Huge amounts of toxins attack people everyday in their food, drinking water, the air they breathe, environmental agents, household goods, appliances; indeed everything around them is toxic. Never in history has there been such an all-encompassing invisible attack on human life.

Here I can only suggest a few items out of a long list that are detrimental to cognitive welfare.

Fluoridation

In certain regions of the UK (such as the West Midlands) the water is already fluoridated but the government is proposing to roll this out to every area. This is enforced medication without consent – and is thus illegal.

Fluoride is a by-product of the aluminium smelting process and is highly toxic (aluminium causes dementia). Fluoride in drinking water has no benefit whatsoever in reducing tooth decay; this is now proven beyond any doubt. The original claims were fraudulent to allow corporations to get rid of a waste product in the drinking water supply, thus saving huge amounts of money.

Despite fluoride being a known toxin, governments allowed it to be put into our taps. As well as slowly damaging the skeletal bone structure, fluoride is also a known nerve toxin; Studies have comprehensively shown that fluoride reduces human IQ levels.

Miscellaneous issues

- Oestrogen in drinking water.
- Antibiotics in non-organic meat and milk.
- Hormones in non-organic meat and milk.
- Bacterial items in water.
- Micro-plastics in water.
- Chemicals from agricultural (bio-sludge) and industrial waste in water.
- Sewage in water. [In some areas, sewage is filtered to remove sludge to make soap and the water filtered and put back into the drinking water supply.]
- Insecticides, herbicides and pesticides in food and water.
- EMF radiation from computers, iPads, mobile phones, SMART meters, telecommunication antennae etc.
- Chemtrails (stratospheric aerosol injection) pumping items such as aluminium oxide and barium into the air.

All these things affect the body detrimentally and many of them damage mental health.

Everything around you is contributing to reducing your cognitive ability.

Governmental fear of lies being exposed

For many decades governments have been colluding in massive lies foisted upon the public for various reasons. Using multiple methods of deception, propaganda and psychology, the public was made stupid and trusting. The propaganda was relentless because a small amount of research into the hidden narratives would reveal that the government had lied – so populations were assaulted continually to weaken their cognitive abilities and not even bother with any clinical study of events.

If the people suddenly realised that a number of the major events in recent history were the reverse of what they had been told no one would ever trust the government again and there could even be an uprising.

The sort of major fabrications include:

- The lie that 6 million Jews died in the Holocaust. [Even official figures now affirm that it was 3.5 million and this number is highly contested.]⁶
- The lie that the attack on Pearl Harbour was a surprise.⁷
- The lie that the atom bombs on Hiroshima and Nagasaki were necessary.⁸
- The lie that Israel did not commit ethnic cleansing, war crimes and atrocities against Arab Palestinians in 1948 and afterwards.
- The lie of the US moon landings. [Note that AI examinations have recently stated that the moon landing photos are fake.]
- The lie of a lone assassin that killed JFK.⁹
- The lie that Princess Diana died in a car accident. [A doctor pronounced her stable and able to converse in the car; she was murdered in the ambulance which drove past several hospitals and wasted 45 minutes.]
- The lie that a bunch of untrained Arab terrorists brought down the New York trade centre buildings (including one that no aircraft hit).¹⁰
- The lie that war against Iraq was necessary for UK's defences.
- The lie that war against Afghanistan was necessary for the USA's defences.
- The lie of a 2020 pandemic.
- The lie that Covid vaccines are safe and effective.
- The lies of climate alarmism.

These lies need continual bolstering in the public mind. Thus regular bulwarks of propaganda are employed, such as: education tools in schools, movies, TV dramas and documentaries, newspaper stories, journal articles, songs, testimonies and so on.

The importance of a sound mind

This is a matter given weight in the Bible. Christians must pay attention to mental health and renewing their mind. This is an active aspect of sanctification. Putting on the new man involves being renewed in the mind.

Renewing the mind also updates the conscience, which must continually grow as it receives more knowledge about God and thus becomes more sensitive to God's will.

Be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God. Rm 12:2

But we have the mind of Christ. 1 Cor 2:16

⁶ It was originally claimed that 4 million Jews died in Auschwitz, a ridiculous figure. Due to embarrassment, this figure was later reduced to 1.5 million (still ridiculous). So the 6 million was reduced to 3.5 million.

⁷ Intelligence services knew of the imminent attack days before. A fleet of warships sailing from Japan is hard to ignore giving many days notice. In any case, spotter planes reported the advancing fleet on the final approach but were ignored. Roosevelt used this 'day of infamy' to force America into the war.

⁸ Japan had already surrendered but this was ignored in order to test the newly developed atom bomb technology and demolish Christian centres in Japan.

⁹ The Zapruda film proves that Kennedy was shot from the front through the throat blowing the back of his head off.

¹⁰ There are so many lies in this narrative. E.g. it is physically impossible for a plane to pass through 47 reinforced steel girders that made up the structure of the towers and pass through with an intact nosecone the other side. That film is fake. It was impossible for even high experienced pilots to do the manoeuvres claimed by the narrative (they tried in simulators). But the claimed hijackers only had a few lessons in a Cessna.

The God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened. Eph 1:17-18

Be renewed in the spirit of your mind, and that you put on the new man. Eph 4:23-24

Put on the new *man* who is renewed in knowledge according to the image of Him who created him. Col 3:10

For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Tim 1:7

I will put My laws in their mind and write them on their hearts; and I will be their God, and they shall be My people. Heb 8:10

Gird up the loins of your mind. 1 Pt 1:13

What drives the ungodly, 'God gave them over to a debased mind, to do those things which are not fitting' (Rm 1:28).

Surviving in this godless world has a great deal to do with thinking correctly; having a sound mind. This is not just the state of intelligence that you are born with but a continual process of updating and improving your mind with knowledge of the truth and God's will. Your brain must be continually challenged with truth.

Alongside knowledge gained must be the ability to practically apply that knowledge, which is wisdom. Knowledge that is not applied is mere intellectualism – which is stagnant.

The Devil in control of this world, managed through the Elite cabal, is focused upon keeping people stupid, devoid of curiosity. To combat this we must constantly renew our minds and strive after truth.

Conclusion

One of the by-products of the engineered Covid crisis was to dumb-down the human population even more. This was done through multiple methods that had no verification whatsoever but were imposed by governments that lied to you.

The powers that be are anxious to keep populations docile and dumb. They need to keep them from knowing the truth so all means possible are enacted to hide the lies that are fed to us daily. The recent On-line Safety Bill is just another means to censor information that the government does not want you to see.

Populations must be distracted, amused, addicted, de-mobilised, dumbed-down, disorientated, confused and dismayed. All the various agendas being played out at the moment contribute to this. For example:

- Free hard-core pornography: to get people addicted to a soul-destroying media.
- The transgender agenda: to create confusion and up-end all previous ethical standpoints.
- Toxins in food, water and air (chemtrails): to dumb people down.
- Hate speech laws: to cause people to self-censor and be afraid to speak. People being forced to support something that they are naturally or religiously opposed to. Limitation of freedom of speech.

- The war on cars:¹¹ to prevent mobility for business or pleasure. To keep people from seeing distant loved ones. Limit to freedom of movement.
- Climate alarmism: to create confusion. To deny academic understanding about nature (e.g. regarding CO₂, photosynthesis, weather patterns, solar activity, the carbon cycle, global temperature history etc.).

The efforts of the last few years to intensify the dumbing-down process indicates that the Elite are concerned that more people are waking up. Despite their best efforts to brainwash everyone, more people are being enlightened. For example, millions of vaccines are having to be destroyed in Europe because nobody wants them. Many are now aware that these vaccines kill and maim. Andrew Bridgen MP has even raised this in Parliament (to an empty chamber).

You need to understand the great depths that the Elite will descend to in order to try to make you more stupid. The events of the Covid chaos demonstrate this clearly. Do not be fooled.

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¹¹ Net-Zero policies: 15-minute cities, LTNs, ULEZ schemes; additional taxation schemes (e.g. tolls), high fuel prices.